





Program Overview



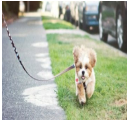


<p><u>Week 1:</u></p> <ul style="list-style-type: none"> ✓ Intro and theory (Toys/understanding how dogs learn/potty training/feeding) ✓ Name recognition ✓ Leash/collar conditioning ✓ Introduction to walks (15mins) ✓ Sit cue (Part I) 	<p><u>Week 3:</u></p> <ul style="list-style-type: none"> ✓ Down cue (II) ✓ Chin rest/watch cue (Part II) ✓ Introducing grooming tools (II) ✓ Introducing dental cleaning (I) ✓ Introducing cone/muzzle (I) ✓ Introducing showering
<p><u>Week 2:</u></p> <ul style="list-style-type: none"> ✓ Introduction to walks (staircase, elevator etc.) ✓ Sit cue (II) ✓ Recall exercise ✓ Down cue (I) ✓ Chin rest/watch cue (I) ✓ Conditioning for handling/grooming ✓ Introducing brushing/hair dryer (I) 	<p><u>Week 4:</u></p> <ul style="list-style-type: none"> ✓ Introducing dental cleaning (II) ✓ Introducing novelty objects ✓ Introducing scary sounds ✓ Introducing cone/muzzle (II) ✓ Introducing household appliances

Sound Effect Playlist:

<https://www.hopefordogs.sg/sound-effect>

To Do's List:

	<p>Feed all meals on enrichment toys. Lickimat or sniff mat. Dogs love to sniff, lick and chew. DIY frozen towels, fruits or vegetables.</p>
	<p>Get toys of different textures, shapes and sizes. Rotate them regularly.</p>
	<p>Condition to wearing the harness or collar</p>
	<p>Expose gradually to sounds of traffic, fireworks, thunderstorm etc.</p>

	<p>Habituate to household appliances. Vacuum, hairdryer etc.</p>
	<p>Socialize with puppies of similar sizes one at a time. Do not bring to dog park or dog cafe.</p>
	<p>Introduce kids, people of different profiles, pushing trolleys, on wheelchair, holding umbrella etc.</p>
	<p>Gradually increase home alone time by the seconds or minutes.</p>
	<p>Introduce to different surfaces, textures, heights etc. For every month old, walk them for 5mins. 4 mths old = 4 x 5mins = 20mins</p>
	<p>Crate, Elizabethan collar, muzzle training</p>
	<p>Introduce grooming tools</p>
	<p>Frequent short car rides</p>